

What's On –Term 3 2017

Details	Monday	Tuesday	Wednesday	Thursday	Friday
Program Date/s Time Venue Contact	Kindy Sessions: AM 8:45 -11:45 PM 12:30 - 3:30 FD 8:45 - 3:30 Childcare 8 am - 6 pm 8 am – 1pm 1pm – 6pm	Kindy Sessions: AM 8:45 -11:45 PM 12:30 - 3:30 FD 8:45 - 3:30 Childcare 8 am - 6 pm 8 am – 1pm 1pm – 6pm	Kindy Sessions: AM 8:45 -11:45 PM 12:30 - 3:30 FD 8:45 - 3:30 Childcare 8 am - 6 pm 8 am – 1pm 1pm – 6pm	Kindy Sessions: AM 8:45 -11:45 PM 12:30 - 3:30 FD 8:45 - 3:30 Childcare 8am - 6pm 8 am – 1pm 1pm – 6pm	Childcare 8 am - 6pm 8 am – 1pm 1pm – 6pm
	<p>Goolwa Playgroup Monday mornings 9.30am to 11.30am. Open Door Centre, Church Hall. Contact Goolwa Children's Centre 8555 2509</p> <p>Parent Study Group 9.30 to 12.00 Are you studying and need some support? Drop in and study with us. Free Crèche provided For more information contact Goolwa Children's Centre 8555 2509. Bookings Essential for creche</p> <p>Child and Youth Health Goolwa Children's Centre Monday morning by appt & drop in after 12.30pm. To make an appt, please contact 1300 733 606</p>	<p>Young Mums Group Fortnightly on Tuesdays from 10.00am to 11.30am MummyLink is a friendship based support group for mums.</p> <p>Parent Study Group 9.30 to 12.00 alternate Tuesdays Are you studying and need some support? Drop in and study with us. Free Crèche provided For more information contact Goolwa Children's Centre 8555 2509. Bookings Essential for Creche</p>	<p>Circle of Security Parenting program "Raising Confident Children" Free 8 week Parenting Program. FREE Crèche and light refreshments. Wednesdays August 2nd – September 20th 12.30 – 2.45 For more information contact: Josephine at Goolwa Children's Centre 85552509 / 0427858271</p>	<p>Sing n` Play 9.30am to 11.00 am Free music and movement program for children 0 -3 years and parents/ caregivers. Contact Josephine at Goolwa Children's Centre. On 85552509</p> <p>Dad Factor Group, a group for fathers grandfathers uncles and male carers. The Community Centre 37a Gardener St. Goolwa Thursdays 12.30 to 2.00 pm For more information contact Goolwa Children's Centre on 8555 2509</p>	<p>Great Start Playgroup Children 0 to 5 years free. 9.30am to 11.00am during school term. For more information contact Goolwa Children's Centre on 8555 2509</p> <p>Ngarrindjeri language class. Held alternate Fridays of each month 9.30am to 12.30pm Goolwa Children's Centre and at Victor Harbor High. For more info Contact Goolwa Children's Centre 8555 2509</p>

Program Date/s Time Venue Contact	<p>DADS and Kids Dinners Third Monday of every month during school term. Goolwa Children's Centre and Strathalbyn Kindy 6.00pm to 8.00pm For more info Contact Goolwa Children's Centre 8555 2509</p> <p>New Parent Group 12pm to 2pm then 2pm to 4.00 a follow on from CAFHS early parent group. For more info Contact Goolwa Children's Centre 8555 2509</p>	<p>Nature Play working bees – 1.00 to 2.30 pm. Come and work in our community nature play garden. Lots to do! Bring old clothes For more info Contact Goolwa Children's Centre 8555 2509</p>	<p>Short courses/groups being run this term at Goolwa Children's Centre, dates to be confirmed,</p> <ul style="list-style-type: none"> • Infant & Child First Aid Training • RAA car seat safety presentation • Child Safe Environments training. <p>For more info Contact Goolwa Children's Centre 8555 2509</p>	<p>Thoughtful Parenting 'Keeping Children in Mind' NEW 8 Week Parenting program. FREE Crèche, light refreshments provided. Thursdays August 3rd – September 21st. 12.30 – 2.45. Contact Josephine at Goolwa Children's Centre 85552509 / 0427858271 for more information.</p> <p>Screening assessment by an Occupational Therapist and Speech Pathologist. 10.30am – 12.30pm Please make an appointment if you have any concerns about your child's development. For more info Contact Goolwa Children's Centre 8555 2509</p>
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	<p>Yankalilla Playgroup Monday mornings 9.30am to 11.30am Yankalilla Children's Centre Phone 8558 2387 Centre 8558 2387</p> <p>Yankalilla Community Connect <i>Drop in for a coffee and a chat.</i> Monday mornings during school term 9.00 to 11.00 am the Annexe/old school building 206b Main road Yankalilla, for more info call David 0408795335</p>	<p><i>Are you looking to volunteer some time at Goolwa Children's Centre? We are starting to develop an outdoor nature play space and community garden. For more info Contact Goolwa Children's Centre 8555 2509</i></p>			<p>Family Services Coordinator (Social Worker) Josephine Carroll A confidential service. Appointments available for parents regarding parenting and personal concerns affecting your family. Support letters to other organisations. Please contact me at Goolwa Children's Centre 85552509 / 0427858271 to make an appointment or just Drop In 8.30 – 4.30 Monday – Friday.</p>
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Program Description

PLEASE NOTE some groups provided are for Children Centre or Primary School families only. Other events/activities are for all community members. If you have any questions about this please call Goolwa Children's Centre on 8555 2509

Occupational Therapy and Speech Screening

Amy Fegan, Occupational Therapist, and Rachel Althorp, Speech Pathologist, work at the Goolwa Children's Centre on Thursdays and Fridays, supporting children 0-5 years and their families. To book a session with Amy or Rachel on a Thursday between 10.30am and 12.30pm, call the Children's Centre on 8555 2509

Young Mums Group

Are you a young mum or an expecting mummy to be? Do you have a child under 3? Are you feeling lonely or unsupported in your new role as a mum? Would you like to learn new skills? If you answered yes to any of these questions we would love to meet you Fortnightly on Tuesdays from 10.00am to 11.30am

MummyLink is a friendship based support group for mums. For more information contact Jo Norton (co-ordinator) on 0408 060 407 or Goolwa Children's Centre on 8555 2509.

FREE Fresh Fruit and Vegetables

Delivered every Wednesday, please come and grab some of the fresh produce grown in the Goolwa Community Garden - a partnership between Bendigo Bank, Goolwa Community Garden and the Goolwa Children's Centre.

Goolwa Playgroup

For children aged 0 – 5 years, Monday's at: Open Door Centre, Uniting Church, Collingwood St, Goolwa.

9:30am to 11:30am. First session free then \$2.00 per session. Playgroup SA registered. Yearly insurance fees apply.

Please bring a piece of fruit to share. For more information please contact Goolwa Children's Centre on 8555 2509

Baby Playgroup

First time parent group for all parents, run by parents and supported by the Children's Centre. An informal get together to share parenting ideas and tips over a coffee or tea.

Sing "N" Play

Come and join us at the Goolwa Children's Centre for a FREE Music and Movement based playgroup. Children 0-3 years of age with their parents / caregivers. Every Thursday 9.30 – 11.00. Fruit, tea and coffee for parents provided. Great safe environment to meet new parents and play with your children to promote their development. **Phone Josephine 85552509 for more information**

Study Group for Parents

Mondays 9.30am to 12.00pm & alternate Tuesdays, free Crèche provided.

Do you need support, a quiet environment to study in, help with your referencing, someone to proof read your work, help with your time management, assignment structure or some help in getting started? Jane is the group facilitator and can assist and provide support with these areas.

Dad Factor Goolwa

Thursdays 12.30pm to 2.30pm a group for fathers, grandfathers, uncles and male carers to get together and discuss their roles and build supports around parenting: Role of fathers, communicating with children, children and confidence, behaviour, stress and anger, relationships and self-development. Where: the Community Centre, 37a Gardener Street Goolwa and facilitated by David, community development coordinator 8555 2509.

Dads and Kids Dinners RAMS (Responsible Adult Males) FREE

The third Monday of each month during term time. Come along and cook up a feed and join in with our activities.

From 6.00pm onwards at Goolwa Children's Centre Goolwa.

For more information, or to book in, contact on 8555 2509. **Supported by OPAL Alexandrina council**

Circle of Security 'Raising Confident Kids'

FREE 8 Week Parenting Program August 2nd – September 20th 9.30am – 12.00pm

FREE Crèche and light refreshments provided.

This course covers: What your children's behaviour might mean. How to help your child feel safe and secure in their relationships.

Why do I parent the way I do? And much more. Facilitators Amy Mitchell and Josephine Carroll

For more information please contact Josephine (Family Service Coordinator) at the Goolwa Children's Centre 85552509 / 0427858271.

Thoughtful Parenting 'Keeping Children in Mind'

August 3rd – September 21st. 12.30 – 2.45. Plenty of time for school pickup.

Why do I parent the way I do? How do I tune into my child? Why do I have to say the same thing over and over again? IF you have asked yourself any of these questions then this is the program for you!

FREE Crèche and light refreshments provided. Facilitators Josephine Carroll (FSC) and Rachel Althorp (SP) More information Josephine 85552509 / 0427858271

Network Breakfasts

Every second month on a Thursday morning from 9.30 am at Hectors Café on the Wharf.

A chance to network with workers from government and non government agencies, discuss programs and current trends in our community. Working together to build strong networks and trust. Students, volunteers and Workers welcome. For More information please call David at Goolwa Children's Centre 8555 2509

Goolwa Children's Centre provides a Child Safe Environment; all staff volunteers are required to undergo training and also have the relevant DCSI police clearances.